

Steamed Lobster Tails

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-lobster-tails-pastry-recipe>

Ingredients:

- 1 tablespoon sea salt
- 24 ounces lobster tails
- 1/2 cup butter melted

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 225 milligrams
4. Fat: 25 grams
5. Protein: 33 grams
6. SaturatedFat: 14 grams
7. Sodium: 2440 milligrams

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