

Easy Liver Pate

Yield: 24 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-liver-sausage-recipe>

Ingredients:

- 1 pound liver sausage braunschweiger
- 1 tablespoon milk
- 1 tablespoon finely chopped onion
- 4 ounces cream cheese softened
- 1/2 teaspoon sugar
- 1/2 teaspoon minced garlic
- 1 teaspoon chili powder
- 1 tablespoon worcestershire sauce

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 25 milligrams
4. Fat: 10 grams
5. Protein: 5 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 340 milligrams

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