

Mousse au Citron (Lemon Mousse)

Yield: 8 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-lemon-mousse-recipe>

Ingredients:

- 8 eggs
- 1 1/4 cups sugar
- 1/2 teaspoon kosher salt
- 4 lemons
- 1 cup heavy cream
- 1 teaspoon vanilla extract

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 260 milligrams
4. Fat: 18 grams
5. Fiber: 3 grams
6. Protein: 8 grams
7. SaturatedFat: 10 grams
8. Sodium: 240 milligrams
9. Sugar: 32 grams

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