

Luscious Lemon Ice Cream

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-lemon-ice-cream-recipe>

Ingredients:

- 3 cups half & half
- 1 1/2 cups granulated sugar
- 3 lemons about 1/2 cup
- 2 teaspoons grated lemon zest grate the lemons before juicing

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 92 grams
3. Cholesterol: 65 milligrams
4. Fat: 22 grams
5. Fiber: 4 grams
6. Protein: 6 grams
7. SaturatedFat: 13 grams
8. Sodium: 80 milligrams
9. Sugar: 76 grams

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