

Best Lamb Cutlets With Special Basil Sauce

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-lamb-cutlets-recipe>

Ingredients:

- 12 lamb cutlets quality
- 1 handful fresh thyme leaves picked
- extra-virgin olive oil
- sea salt
- ground black pepper freshly
- 4 1/8 cups mushrooms brushed clean and torn
- 1 handful fresh flat leaf parsley
- 1 lemon
- 2 handfuls pine nuts
- 2 handfuls fresh basil
- 5 tablespoons balsamic vinegar

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 16 grams
3. Fat: 28 grams
4. Fiber: 5 grams
5. Protein: 9 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 210 milligrams
8. Sugar: 6 grams

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