

American Lamb Bolognese with Herbs & Parmesan

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-lamb-bolognese-recipe>

Ingredients:

- 1 large onion chopped
- 2 stalks celery chopped
- 2 carrots peeled and chopped
- olive oil
- 2 pounds lamb ground American
- kosher salt
- 1/2 cup tomato paste
- 1 1/2 cups white wine
- 1 quart chicken stock
- 1 cup whole milk
- 1 bay leaf
- 2 sprigs thyme
- 2 sprigs rosemary
- 2 sprigs oregano
- 2 pounds dry pasta
- 1/2 cup grated Parmesan cheese
- 4 tablespoons butter

Nutrition:

1. Calories: 1930 calories
2. Carbohydrate: 199 grams
3. Cholesterol: 220 milligrams
4. Fat: 81 grams
5. Fiber: 10 grams
6. Protein: 84 grams
7. SaturatedFat: 34 grams
8. Sodium: 1280 milligrams

9. Sugar: 22 grams

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