

# Italian Knot Cookies

Yield: 36 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-knot-recipe>

## Ingredients:

- 3 cups flour
- 1/2 teaspoon baking soda
- 1 tablespoon baking powder
- 1/2 cup butter
- 1/2 cup sugar
- 3 eggs
- 2 teaspoons anise extract pure
- 1 1/2 cups powdered sugar
- 5 tablespoons milk first try 4, then add a little at a time if necessary
- 1/2 teaspoon anise extract

## Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 25 milligrams
4. Fat: 3 grams
5. Protein: 2 grams
6. SaturatedFat: 2 grams
7. Sodium: 90 milligrams
8. Sugar: 8 grams

---

Thank you for visiting our website. Hope you enjoy Italian Knot Cookies above. You can see more 18 italian knot recipe They're simply irresistible! to get more great cooking ideas.