

Hot Italian Sausage Kabobs

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-kabobs-recipe>

Ingredients:

- 4 hot Italian sausages
- 1 sweet pepper any color
- 1/2 onion sliced into large segments and separated
- 1/3 cup oil
- 3 tablespoons balsamic vinegar
- 1/2 teaspoon italian seasoning
- pepper
- salt

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 85 milligrams
4. Fat: 54 grams
5. Fiber: 2 grams
6. Protein: 17 grams
7. SaturatedFat: 14 grams
8. Sodium: 1030 milligrams
9. Sugar: 4 grams

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