

Italian Baked Chicken Thighs

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-baked-chicken-thighs>

Ingredients:

- 3 tablespoons butter
- 4 chicken thighs bone-in, skin on
- 1/2 cup Parmesan cheese finely grated
- 1 tablespoon Italian seasoning
- 1/4 teaspoon red pepper flakes
- 2 tablespoons extra-virgin olive oil
- 1/4 teaspoon garlic salt
- 1/2 ground black pepper teaspoon

Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 225 milligrams
4. Fat: 53 grams
5. Protein: 44 grams
6. SaturatedFat: 18 grams
7. Sodium: 440 milligrams

Thank you for visiting our website. Hope you enjoy Italian Baked Chicken Thighs above. You can see more 17 recipe for italian baked chicken thighs Prepare to be amazed! to get more great cooking ideas.