

Italian Iced Coffee

Yield: 3 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-iced-coffee>

Ingredients:

- 1/2 cup espresso coffee or really strong coffee
- 1/2 cup cream
- 1 cup 2% milk
- 6 ice cubes
- sugar to taste, I find that the cream is sweet enough but if you must 1 teaspoon, 4 grams should be enough

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 40 milligrams
4. Fat: 11 grams
5. Protein: 5 grams
6. SaturatedFat: 7 grams
7. Sodium: 75 milligrams
8. Sugar: 11 grams

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