

# Italian Hot chocolate

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-hot-chocolate-recipe-corn-flour>

## Ingredients:

- 1 1/2 cups milk
- 1/2 cup heavy whipping cream
- 1/2 teaspoon vanilla extract
- 2 tablespoons cocoa I used Hershey's chocolate chips
- 1/4 cup semisweet chocolate chips
- 1 tablespoon cornstarch plus an additional 1 tsp
- 1/8 teaspoon salt
- 5 tablespoons sugar I used about 5 tbsp

## Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 50 milligrams
4. Fat: 17 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 10 grams
8. Sodium: 150 milligrams
9. Sugar: 27 grams

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