

# Italian Meatball Hero Sandwich

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-hero-sandwich>

## Ingredients:

- 1 package piedmontese premade, raw beef meatballs
- 1 can tomatoes La pavoncella
- 3 olive oil Table spoons
- 1 pinch peperoncino
- 2 cloves garlic
- 1/2 cup fresh basil
- salt
- pepper
- 4 buns fresh crusty panino
- 1 tablespoon olive oil for brushing
- 1 package buffalo mozzarella
- 1/4 cup Parmigiano Reggiano grated
- 2 cups arugula
- 1/4 cup extra-virgin olive oil Frantoio
- sea salt
- crushed black pepper

## Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 50 milligrams
4. Fat: 43 grams
5. Fiber: 2 grams
6. Protein: 19 grams
7. SaturatedFat: 12 grams
8. Sodium: 1000 milligrams
9. Sugar: 5 grams

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