

Pasta alla Norma

Yield: 2 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-herbed-chilli-cheese-toast-recipe>

Ingredients:

- 2 aubergine Eggplant diced
- 1 teaspoon salt
- 5 tablespoons olive oil
- 1 1/8 pounds fusilli pasta Giganti, or other pasta such as macaroni, spaghetti, penne.
- 2 cans chopped tomatoes
- 2 teaspoons garlic puree or 4 garlic cloves minced
- 1 teaspoon chilli Puree or 1 chilli minced/diced
- black pepper to taste
- 5/8 cup Parmigiano Reggiano or Ricotta Salata shaved to serve
- basil fresh chopped to serve

Nutrition:

1. Calories: 1550 calories
2. Carbohydrate: 239 grams
3. Cholesterol: 20 milligrams
4. Fat: 47 grams
5. Fiber: 29 grams
6. Protein: 53 grams
7. SaturatedFat: 10 grams
8. Sodium: 1730 milligrams
9. Sugar: 29 grams

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