

Quick and Easy Italian Garlic Breadsticks

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-herb-and-cheese-breadsticks-recipe>

Ingredients:

- 1 loaf frozen bread dough thawed
- 1/3 cup butter melted
- 1/2 teaspoon garlic salt
- 1/4 cup cornmeal
- italian seasoning
- cheese Grated Mozzarella
- grated Parmesan cheese

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 50 milligrams
4. Fat: 19 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 12 grams
8. Sodium: 210 milligrams

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