

Grilled Italian Hamburgers

Yield: 12 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-hamburgers-recipe>

Ingredients:

- 3 pounds lean ground beef
- 1 pound sweet Italian sausage bulk
- 1 tablespoon minced onion
- 1 teaspoon minced garlic
- 2 teaspoons italian seasoning
- 1 tablespoon light olive oil
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 2 teaspoons anise seed
- 1/4 cup melted butter
- 6 baguettes 14 to 16 inches, halved crosswise and split

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 90 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 34 grams
7. SaturatedFat: 6 grams
8. Sodium: 720 milligrams
9. Sugar: 1 grams

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