

Italian Grilled Shrimp Skewers

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/shrimp-kabobs-recipe-with-italian-dressing>

Ingredients:

- 18 large shrimp
- 18 zucchini slices, 1/4 - 1/3 inch thick
- 1/4 cup olive oil
- 3 tablespoons Italian parsley chopped
- 2 tablespoons lemon juice
- 1 clove garlic minced
- 1/4 teaspoon salt
- 2 pepper flakes if desired, optional

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 28 grams
3. Fat: 14 grams
4. Fiber: 9 grams
5. Protein: 9 grams
6. SaturatedFat: 2 grams
7. Sodium: 220 milligrams
8. Sugar: 27 grams

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