

# The Ultimate Grilled Steak

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-grilled-beef-ribs-recipe>

## Ingredients:

- 1 red onion thinly sliced
- 1/4 cup red wine vinegar
- 1/4 cup red wine
- 1/2 cup sugar
- 1 tablespoon fresh thyme leaves
- 1/4 cup light agave syrup
- 2 tablespoons extra-virgin olive oil
- 4 tablespoons chopped fresh herbs
- thyme
- sage
- marjoram
- 2 rib eye steaks bone-in, each 10 to 12 oz. and 1 1/2 to 2 inches thick
- cracked pepper
- coarse salt

## Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 95 milligrams
4. Fat: 35 grams
5. Fiber: 4 grams
6. Protein: 31 grams
7. SaturatedFat: 11 grams
8. Sodium: 280 milligrams
9. Sugar: 42 grams

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