

Fat Head Pizza Dough

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/best-italian-gluten-free-pizza-dough-recipe>

Ingredients:

- 1 1/2 cups shredded mozzarella cheese
- 1/2 cup almond flour
- 1 tablespoon Italian seasoning
- 1 egg

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 85 milligrams
4. Fat: 17 grams
5. Fiber: 2 grams
6. Protein: 14 grams
7. SaturatedFat: 6 grams
8. Sodium: 280 milligrams
9. Sugar: 1 grams

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