

# Italian Pasta Sauce

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-homemade-italian-pasta-sauce-recipe>

## Ingredients:

- 1 kilogram tomatoes
- 4 tablespoons olive oil
- 2 tablespoons garlic
- 1 cup onion
- 10 fresh basil
- 1/4 cup tomato puree
- salt to taste
- 1 teaspoon red chili powder
- 1/2 teaspoon cracked black pepper
- 2 teaspoons balsamic vinegar

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 18 grams
3. Fat: 14 grams
4. Fiber: 4 grams
5. Protein: 4 grams
6. SaturatedFat: 2 grams
7. Sodium: 280 milligrams
8. Sugar: 10 grams

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