

Vegetable Pesto Flatbread

Yield: 1 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/milk-street-italian-flatbread-recipe>

Ingredients:

- 1 flatbread store-bought
- 2 tablespoons pesto sauce pre-made
- 1 tablespoon shredded carrots
- 1 tablespoon shredded zucchini
- 1 tablespoon yellow squash shredded
- 2 tablespoons diced bell pepper
- 6 slices plum tomato thinly sliced
- 1/2 cup mozzarella cheese

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 45 milligrams
4. Fat: 13 grams
5. Fiber: 3 grams
6. Protein: 19 grams
7. SaturatedFat: 7 grams
8. Sodium: 680 milligrams
9. Sugar: 5 grams

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