

Italian Breaded Pork Chops

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/wegmans-italian-style-pork-chop-recipe>

Ingredients:

- 4 pork chops
- 1/2 cup bread crumbs
- 2 tablespoons grated Parmesan cheese freshly
- 1/4 teaspoon salt
- 1/2 teaspoon dried parsley
- 2 tablespoons olive oil for drizzling

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 80 milligrams
4. Fat: 14 grams
5. Protein: 35 grams
6. SaturatedFat: 3 grams
7. Sodium: 650 milligrams
8. Sugar: 1 grams

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