

Greek-Style Lima Beans

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-lima-beans-recipe>

Ingredients:

- 10 ounces baby lima beans frozen
- 1 cup water
- 3 tablespoons extra-virgin olive oil
- 2 tablespoons fresh flat leaf parsley chopped
- 1 tablespoon minced garlic
- 1/2 teaspoon salt

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 45 grams
3. Fat: 11 grams
4. Fiber: 15 grams
5. Protein: 15 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 310 milligrams
8. Sugar: 6 grams

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