

Italian-French Toast

Yield: 12 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-french-toast-recipe-kitchen-boss>

Ingredients:

- 6 eggs
- 1/2 cup milk
- 2 teaspoons dried parsley
- 12 slices white sandwich bread
- 6 ounces mozzarella cheese
- 1 cup vegetable oil for frying
- 1 clove garlic crushed

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 120 milligrams
4. Fat: 25 grams
5. Fiber: 1 grams
6. Protein: 9 grams
7. SaturatedFat: 4 grams
8. Sodium: 300 milligrams
9. Sugar: 2 grams
10. TransFat: 0.5 grams

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