

Italian Focaccia Bread

Yield: 1 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/real-italian-focaccia-bread-recipe>

Ingredients:

- 1 cup water 80°F
- 1/3 cup olive oil
- 2 teaspoons sugar
- 1 teaspoon kosher salt
- 3 cups bread flour
- 1 1/2 teaspoons active dry yeast
- 1 teaspoon fresh rosemary chopped
- 1 teaspoon herb mix dried Italian
- 1/4 cup extra-virgin olive oil
- 8 garlic cloves chopped fine
- 1 tablespoon fresh rosemary chopped
- 1/3 cup shredded Parmesan cheese

Nutrition:

1. Calories: 2800 calories
2. Carbohydrate: 320 grams
3. Cholesterol: 20 milligrams
4. Fat: 142 grams
5. Fiber: 11 grams
6. Protein: 63 grams
7. SaturatedFat: 22 grams
8. Sodium: 2880 milligrams
9. Sugar: 9 grams

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