

Fettuccine with Asparagus and Morels

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-fettuccine-and-mushroom-recipe>

Ingredients:

- 2 pounds asparagus
- 1/3 cup extra-virgin olive oil plus more for
- 1 white onion large, sweet, such as Vidalia, diced
- 3 garlic cloves minced
- 1/2 pound mushrooms fresh morel, quartered
- freshly ground pepper
- salt
- 1/2 cup chicken stock
- 5 thyme sprigs large fresh, coarsely
- 1 lemon
- 1 pound fettuccine fresh
- 1/2 cup pine nuts lightly toasted
- 1 handful flat leaf parsley leaves fresh, coarsely
- 1 cup parmigiano reggiano cheese grated

Nutrition:

1. Calories: 890 calories
2. Carbohydrate: 109 grams
3. Cholesterol: 20 milligrams
4. Fat: 39 grams
5. Fiber: 12 grams
6. Protein: 35 grams
7. SaturatedFat: 7 grams
8. Sodium: 660 milligrams
9. Sugar: 12 grams

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