

Italian Enchiladas

Yield: 6 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-enchiladas-recipe>

Ingredients:

- 1 tablespoon olive oil
- 8 ounces button mushrooms chopped
- 3 garlic cloves minced
- 1/4 teaspoon fresh rosemary chopped
- 1/2 pound ground beef
- 1/2 pound mild Italian sausage or hot, removed from casings if necessary
- 7 ounces artichoke 1/2 of a 14 ounce can, quarters, drained and roughly chopped
- 2 ounces pepperoni slices organic, cut into 1/2-inch pieces
- 2 cups baby spinach roughly chopped
- 1 cup ricotta cheese
- 1/4 cup fresh basil leaves chopped
- 3 cups marinara sauce homemade or store-bought
- 10 flour tortillas 8-inch
- 8 ounces mozzarella cheese shredded
- shredded Parmesan cheese for garnish, optional

Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 71 grams
3. Cholesterol: 130 milligrams
4. Fat: 52 grams
5. Fiber: 9 grams
6. Protein: 42 grams
7. SaturatedFat: 21 grams
8. Sodium: 1950 milligrams
9. Sugar: 16 grams
10. TransFat: 0.5 grams

Thank you for visiting our website. Hope you enjoy Italian Enchiladas above. You can see more 17 italian enchiladas recipe Ignite your passion for cooking! to get more great cooking ideas.