

Italian-Style Grilled Eggplant

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/grilled-eggplant-indian-recipe>

Ingredients:

- 1/3 cup extra virgin olive oil
- 2 eggplants globe
- 1 1/2 teaspoons salt
- 1 teaspoon freshly ground pepper
- 2 tablespoons fresh flat leaf parsley minced
- 1 teaspoon fresh thyme
- 2 tablespoons balsamic vinegar
- 1 garlic clove minced

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 19 grams
3. Fat: 18 grams
4. Fiber: 8 grams
5. Protein: 3 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 890 milligrams
8. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Italian-Style Grilled Eggplant above. You can see more 17 grilled eggplant indian recipe Taste the magic today! to get more great cooking ideas.