

# Italian Christmas Bread with Eggnog Glaze

Yield: 10 min  
Total Time: 190 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-xmas-recipe>

## Ingredients:

- 1/2 cup hazelnuts
- 1 cup eggnog plus
- 1 tablespoon eggnog
- 2 tablespoons white sugar
- 1/2 teaspoon salt
- 3 tablespoons butter softened
- 1 egg
- 1 egg yolk
- 3 cups bread flour
- 1 1/2 teaspoons instant yeast
- 2 tablespoons anise seed
- 1 teaspoon ground cinnamon
- 1/2 cup confectioners' sugar
- 1 tablespoon eggnog

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 70 milligrams
4. Fat: 11 grams
5. Fiber: 2 grams
6. Protein: 9 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 170 milligrams
9. Sugar: 11 grams

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