

Refreshing Chopped Italian Salad

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-dry-cured-salami-recipe>

Ingredients:

- 1 head iceberg lettuce
- 1 head radicchio
- 1/2 cup golden raisins
- 1/3 cup black olives canned, sliced
- 1/3 cup green olives sliced
- 1/3 dry salami a small, cubed
- 1/2 cup meats pistachio, shells removed
- 1/3 cup feta cheese crumbled
- flat leaf parsley handful of chopped

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 110 milligrams
4. Fat: 37 grams
5. Fiber: 3 grams
6. Protein: 24 grams
7. SaturatedFat: 16 grams
8. Sodium: 1750 milligrams
9. Sugar: 14 grams

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