

# Italian Dressing Seasoning

Yield: 1 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-dressing-seasoning-recipe>

## Ingredients:

- 2 tablespoons garlic powder
- 1 tablespoon onion powder
- 2 tablespoons oregano dried
- 1 tablespoon parsley dried
- 2 teaspoons pepper ground
- 2 teaspoons basil dried
- 1/2 teaspoon thyme dried

## Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 28 grams
3. Fat: 1 grams
4. Fiber: 7 grams
5. Protein: 5 grams
6. Sodium: 25 milligrams
7. Sugar: 1 grams

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