

# Chicken Parmesan Pasta Skillet (ONLY 6 INGREDIENTS!)

Yield: 7 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-dressing-sausage-rigatoni-recipe>

## Ingredients:

- 2 tablespoons Italian dressing not the creamy kind
- 3 boneless, skinless chicken breasts cut into cubes
- 16 ounces rigatoni pasta small/medium sized
- 24 ounces pasta sauce your favorite Marinara, I love Delallo's
- 1/2 cup shredded mozzarella cheese
- 1/2 cup grated Parmesan cheese
- salt
- pepper
- fresh basil Chopped, for garnish, optional

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 70 milligrams
4. Fat: 10 grams
5. Fiber: 3 grams
6. Protein: 20 grams
7. SaturatedFat: 4 grams
8. Sodium: 800 milligrams
9. Sugar: 9 grams

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