

# 3-Ingredient Italian Chicken

Yield: 5 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/seven-seas-italian-dressing-mix-recipe>

## Ingredients:

- 4 pounds boneless skinless chicken breasts OR-thighs
- 1/2 cup brown sugar
- 1 envelope italian salad dressing mix