

Italian Donuts - Bomboloni

Yield: 4 min
Total Time: 261 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-donuts-bomboloni-recipe>

Ingredients:

- 1/4 cup milk lukewarm - 2%, 105 grams
- 1 1/4 teaspoons active dry yeast
- 2 1/2 tablespoons granulated sugar 30 grams
- 3 tablespoons vegetable oil 37 grams
- 1 large egg room temperature
- 1/2 Orange
- 1/2 teaspoon vanilla
- 2 cups all purpose flour 275 grams
- 1 pinch salt
- 1 cup pastry cream choice

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 68 grams
3. Cholesterol: 115 milligrams
4. Fat: 16 grams
5. Fiber: 3 grams
6. Protein: 13 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 150 milligrams
9. Sugar: 17 grams

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