

Italian Sausage Mostaccioli

Yield: 7 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-dish-mostaccioli-recipe>

Ingredients:

- 1 pound ground beef chuck
- 1 pound ground Italian sausage
- 1 cup diced yellow onion about 1/2 an onion, if large
- 4 cloves minced garlic
- 28 ounces tomato sauce each cans
- 4 tablespoons grated Parmesan cheese divided
- 2 teaspoons italian seasoning
- 1 teaspoon kosher salt
- 1/4 teaspoon red pepper flakes
- 1/4 teaspoon black pepper
- 1/4 teaspoon sugar
- 8 ounces noodles mostaccioli
- 16 ounces mozzarella freshly shredded

Nutrition:

1. Calories: 810 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 175 milligrams
4. Fat: 50 grams
5. Fiber: 5 grams
6. Protein: 44 grams
7. SaturatedFat: 22 grams
8. Sodium: 1790 milligrams
9. Sugar: 13 grams
10. TransFat: 0.5 grams

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