

Dandelion Salad

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-dandelion-salad-recipe>

Ingredients:

- 7 ounces dandelion greens
- 3 slices whole wheat toast about 75 grams
- 2 teaspoons butter about 10 grams
- 4 ounces sour cream
- salt
- pepper
- sweetener to taste