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ITALIAN STYLE CRUSTLESS QUICHE

Yield: 8 min Total Time: 55 min

Recipe from: https://www.recipeschoose.com/recipes/italian-crustless-quiche-recipe

Ingredients:

- 12 large eggs
- 1/4 cup all purpose flour
- 1/4 teaspoon baking powder
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 pint cottage cheese
- 1 pound grated mozzarella cheese Shredded/
- 1 cup basil pesto sauce

Nutrition:

- 1. Calories: 340 calories
- 2. Carbohydrate: 6 grams
- 3. Cholesterol: 370 milligrams
- 4. Fat: 22 grams
- 5. Protein: 28 grams
- 6. SaturatedFat: 11 grams
- 7. Sodium: 960 milligrams
- 8. Sugar: 3 grams

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