

Crispy Prosciutto Wrapped Asparagus

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-crispy-omelette-wrapped-in-prosciutto-recipe>

Ingredients:

- 1 pound asparagus tough ends trimmed and discarded
- 8 ounces prosciutto very thinly sliced
- 1 tablespoon olive oil
- 1/2 cup Philadelphia Cooking Creme any flavor, I used Italian Cheese and Herb
- 1 tablespoon water

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 35 milligrams
4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 15 grams
7. SaturatedFat: 2 grams
8. Sodium: 850 milligrams
9. Sugar: 2 grams

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