

Italian Cream Sheet Cake

Yield: 12 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-cream-sheet-cake>

Ingredients:

- 1 1/2 cups unsalted butter softened
- 2 cups granulated sugar
- 5 large eggs 250 grams, separated
- 2 cups flour all-purpose
- 1 1/2 teaspoons kosher salt
- 1 teaspoon baking soda
- 1 cup whole buttermilk
- 1 cup finely chopped pecans
- 1 cup sweetened flaked coconut toasted
- 1 teaspoon vanilla extract
- 14 ounces sweetened condensed milk
- 1 tablespoon almond liqueur
- sweetened whipped cream recipe follows
- chopped pecans optional
- toasted flaked coconut optional
- 2 1/2 cups heavy whipping cream
- 1/2 cup sugar confectioners'
- 1 teaspoon vanilla extract

Nutrition:

1. Calories: 900 calories
2. Carbohydrate: 82 grams
3. Cholesterol: 230 milligrams
4. Fat: 61 grams
5. Fiber: 3 grams
6. Protein: 11 grams
7. SaturatedFat: 33 grams
8. Sodium: 520 milligrams
9. Sugar: 63 grams

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