

# Italian Chicken Casserole

Yield: 5 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-of-italian-dressing-mix>

## Ingredients:

- 2 pounds boneless skinless chicken breasts cut into ½-inch cubes
- 2 tablespoons butter
- 1 small onion chopped
- 2 cloves garlic minced
- 1/4 cup red bell peppers diced
- 10 3/4 ounces cream of chicken soup
- 1 cup milk or half and half
- 1/2 cup chicken stock
- 4 ounces cream cheese cubed
- 1 envelope italian dressing mix for my EU readers who can't get this, here's a good copycat you can make yourself--Italian Dressing Mi...
- 3 tablespoons grated Parmesan cheese divided
- 8 ounces pasta uncooked bowtie, farfalle, OR- your choice of shaped pasta

## Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 165 milligrams
4. Fat: 25 grams
5. Fiber: 2 grams
6. Protein: 51 grams
7. SaturatedFat: 11 grams
8. Sodium: 850 milligrams
9. Sugar: 6 grams

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