

Italian Pignoli (Pine Nut) Cookies

Yield: 15 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pignoli-recipe>

Ingredients:

- 2 1/2 cups pine nuts
- 7 ounces almond paste tube of
- 3/4 cup sugar
- 2 egg whites
- 1/2 teaspoon pure vanilla extract
- 1/4 cup all purpose flour
- 1/4 teaspoon salt
- sugar Powered, for garnish, optional

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 22 grams
3. Fat: 19 grams
4. Fiber: 2 grams
5. Protein: 5 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 50 milligrams
8. Sugar: 17 grams

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