

Ivan's Mega Frutti Di Mare

Yield: 6 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/pasta-with-clams-italian-recipe>

Ingredients:

- 24 ounces pasta linguine
- 1 cup olive oil or as needed
- 1 teaspoon italian seasoning
- 1 clove garlic minced, or more to taste
- 1 inch olive oil
- 2 ounces anchovy fillets
- 14 1/2 ounces crushed tomatoes
- 1 1/2 pounds clams in shell, scrubbed
- 1/3 pound medium shrimp peeled and deveined, tails left on
- 1/3 pound bay scallops
- 1/2 pound tentacles squid -, and tubes, cleaned and cut into rings
- salt to taste
- ground black pepper
- 1 teaspoon italian seasoning
- 1 lemon cut into wedges
- 1 tablespoon manchego cheese grated
- 1 tablespoon fresh basil leaves julienned

Nutrition:

1. Calories: 950 calories
2. Carbohydrate: 98 grams
3. Cholesterol: 180 milligrams
4. Fat: 41 grams
5. Fiber: 6 grams
6. Protein: 49 grams
7. SaturatedFat: 5 grams
8. Sodium: 410 milligrams
9. Sugar: 3 grams

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