

# Creamy Linguine with Clam Sauce

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-clam-linguine-recipe>

## Ingredients:

- 8 ounces linguine pasta
- 2 tablespoons butter
- 1 tablespoon olive oil
- 1/4 cup sweet onion minced
- 2 cloves garlic minced
- 10 ounces clams baby, drained with juices reserved, such as Bumble Bee®
- 1 tablespoon dry white wine
- 16 ounces Alfredo sauce such as Classico®
- 1 teaspoon grated Parmesan cheese or to taste, optional
- 1 pinch crushed red pepper flakes or to taste, optional

## Nutrition:

1. Calories: 960 calories
2. Carbohydrate: 88 grams
3. Cholesterol: 105 milligrams
4. Fat: 52 grams
5. Fiber: 4 grams
6. Protein: 34 grams
7. SaturatedFat: 19 grams
8. Sodium: 3030 milligrams
9. Sugar: 8 grams

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