

Clam Dip

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-clam-dip-recipe>

Ingredients:

- 8 ounces cream cheese brick , softened
- 1 cup sour cream container
- 1 1/2 teaspoons worcestershire sauce
- 1 teaspoon lemon juice bottled or Fresh
- 4 scallions or Green Onions, chopped
- 1/4 teaspoon pepper
- 1/2 teaspoon onion powder
- 1/4 teaspoon smoked paprika
- 1 can clams chopped , drained, but save a little juice to add to the recipe, 2 cans if you really like clams

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 110 milligrams
4. Fat: 31 grams
5. Fiber: 1 grams
6. Protein: 11 grams
7. SaturatedFat: 18 grams
8. Sodium: 280 milligrams
9. Sugar: 5 grams

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