

Crock Pot Italian Chicken Tortellini Soup

Yield: 6 min
Total Time: 315 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-chicken-tortellini-soup-recipe>

Ingredients:

- 1 1/2 cups sliced carrots
- 1 1/2 cups celery sliced
- 1 cup chopped onion
- 3 cloves garlic minced
- 3 cups low sodium chicken broth
- 24 ounces pasta sauce 2 1/2 cups
- 1 teaspoon Italian seasoning
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1 1/4 pounds boneless skinless chicken thighs 20 oz.
- 16 ounces cheese tortellini frozen
- Parmesan cheese Optional:, for serving

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 59 grams
3. Cholesterol: 95 milligrams
4. Fat: 13 grams
5. Fiber: 7 grams
6. Protein: 37 grams
7. SaturatedFat: 6 grams
8. Sodium: 1150 milligrams
9. Sugar: 14 grams

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