

Parmesan Crock Pot Italian Chicken

Yield: 5 min
Total Time: 245 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-chicken-tomato-paste-recipe>

Ingredients:

- 2 1/2 pounds boneless, skinless chicken breasts
- 1 1/2 ounces spaghetti sauce mix
- 14 1/2 ounces diced tomatoes undrained
- 8 ounces tomato paste
- cooked penne pasta
- grated Parmesan cheese Garnish:, optional

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 150 milligrams
4. Fat: 8 grams
5. Fiber: 3 grams
6. Protein: 51 grams
7. SaturatedFat: 3 grams
8. Sodium: 670 milligrams
9. Sugar: 8 grams

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