

One Skillet Italian Chicken & Garlic Cream Sauce

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-chicken-skillet-with-spinach-and-bacon-recipe>

Ingredients:

- 2 tablespoons olive oil
- 4 pounds boneless skinless chicken breasts
- 1 teaspoon paprika
- 3 teaspoons Italian seasoning
- 5 medium tomatoes diced
- 1 cup spinach
- 4 garlic cloves minced
- 1 tablespoon crushed red pepper
- 1 bacon cooked and chopped
- 1 pint half and half
- 1 1/2 cups shredded Parmesan cheese
- 1/2 cup Parmesan cheese grated or shredded, for serving

Nutrition:

1. Calories: 960 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 365 milligrams
4. Fat: 47 grams
5. Fiber: 3 grams
6. Protein: 117 grams
7. SaturatedFat: 21 grams
8. Sodium: 1320 milligrams
9. Sugar: 5 grams

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