

# Quick Weeknight Tomato Sauce with Pasta

Yield: 5 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-chicken-sausage-patties>

## Ingredients:

- 2 chicken sausage links, diced, or other leftover meat
- 1 onion large, diced
- 12 ounces peppers roasted, drained and diced
- 4 cloves garlic minced
- 2 teaspoons smoked paprika
- 1 whole star anise
- 1 bay leaf
- 28 ounces diced tomatoes
- 1 pound pasta
- balsamic vinegar a splash of

## Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 123 grams
3. Cholesterol: 30 milligrams
4. Fat: 15 grams
5. Fiber: 24 grams
6. Protein: 30 grams
7. SaturatedFat: 4 grams
8. Sodium: 510 milligrams
9. Sugar: 10 grams

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