

Italian Chicken Sausage Risotto

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-italian-chicken-sausage-risotto-recipe>

Ingredients:

- 1 tablespoon olive oil
- 16 ounces italian chicken sausage al fresco® All Natural Sweet
- 1 cup sweet onion chopped
- 1 tablespoon garlic minced fresh
- 1/2 teaspoon dried thyme
- 1 1/4 cups arborio rice
- 1 cup chardonnay or other dry white wine
- 3 1/2 cups chicken broth low sodium
- 1 cup sweet peas frozen petite
- 1/4 cup grated Parmesan cheese
- 1/4 teaspoon ground black pepper

Nutrition:

1. Calories: 740 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 85 milligrams
4. Fat: 35 grams
5. Fiber: 4 grams
6. Protein: 35 grams
7. SaturatedFat: 9 grams
8. Sodium: 1320 milligrams
9. Sugar: 4 grams

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