

# Italian Chicken Roll-Ups

Yield: 6 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-roll-ups>

## Ingredients:

- spinach leaves
- ground black pepper
- kosher salt
- mozzarella cheese
- seasoning
- ricotta cheese
- 3 boneless skinless chicken breasts large
- ground black pepper
- kosher salt
- 1 cup spinach leaves
- 8 ounces ricotta cheese
- 1 tablespoon seasoning garlic bread
- 1 cup shredded mozzarella cheese
- 4 tablespoons butter melted
- 1 cup seasoned bread crumbs Italian
- pizza sauce or your favorite marinara sauce