

Caprese Chicken Pasta

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-chicken-rigatoni-recipe>

Ingredients:

- 20 ounces skinless boneless chicken breast trimmed of visible fat, about 3 breasts
- 1 quart low sodium chicken broth homemade or store-bought
- 1/4 cup basil leaves lightly packed, torn
- kosher salt
- 1 teaspoon whole black peppercorns
- 1 lemon
- 1 teaspoon zest
- 6 tablespoons extra-virgin olive oil
- 3 tablespoons balsamic vinegar
- 1/2 teaspoon red pepper flakes
- freshly ground black pepper
- 1 pound rigatoni or other sturdy tubular pasta
- 1 quart cherry tomatoes halved
- 12 ounces fresh mozzarella cut into 1/2-inch pieces
- 1 cup basil leaves lightly packed, rough chopped

Nutrition:

1. Calories: 830 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 195 milligrams
4. Fat: 47 grams
5. Fiber: 3 grams
6. Protein: 61 grams
7. SaturatedFat: 15 grams
8. Sodium: 990 milligrams
9. Sugar: 7 grams

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